

Psychological Treatment Models and Principles - Supervised Clinical Practice

Single subject and programme course

22.5 credits

Psykologiska behandlingsmodeller och principer –
handlett kliniskt arbete

735A16

Valid from:

Determined by
The Quality Board at the Faculty of Arts
and Sciences

Date determined
2010-03-26

Revision date
2014-10-16

Main field of study

Psychology

Course level

Second cycle

Advancement level

A1X

Course offered for

- Psychologist Programme

Entry requirements

For admission to the course, the general entry requirements apply, as well as that the student should be admitted to the Psychologist Programme at LiU and satisfy the requirements for the current threshold rules.

Intended learning outcomes

On completion of the course, the student should be able to:

- identify information needs and use relevant search tools and critically review the search results concerning psychological treatment models and principles
- orally and in writing, account for, analyse and critically review central concepts, theoretical perspectives and empirical findings concerning the major psychological treatment models based on scholarship and best practice and an orientation in therapy specialisation that have been examined empirically, to a lesser extent
- account for, analyse and critically review new findings regarding psychological and psychotherapeutic treatment
- account for, analyse, critically review and carry out different forms of treatment concerning psychological treatment, for example groups and guided self-help
- at a basic level, carry out psychological and psychotherapeutic treatment in clinical work under supervision
- address clients with an empathetic approach.

Course content

The clinical training is based on scholarship and best practice. The supervision is specific to the school and based on the current knowledge situation. To avoid excluding important knowledge of other specialisations, a clinical seminar series is given in parallel with the client work for the duration of three semesters. Both the supervision and the clinical seminar series are begin with basic skills and advance to more specialised skills. The course covers evidence-based psychological treatment models and principles and provides an orientation in therapy specialisations that have been examined empirically, to a lesser extent. The student is given the opportunity to specialise in a chosen specialisation, but is also expected to participate in the entire seminar series.

Teaching and working methods

The teaching takes the form of supervised client work, which is divided into two main specialisations and a continuous seminar series. The students should also study independently.

Examination

The supervised client work is examined each semester. The continuous seminar series is also examined each semester with a written examination. Detailed information can be found in the study guide.

Students failing an exam covering either the entire course or part of the course twice are entitled to have a new examiner appointed for the reexamination.

Students who have passed an examination may not retake it in order to improve their grades.

Grades

Three-grade scale, U, G, VG

Other information

Planning and implementation of a course must take its starting point in the wording of the syllabus. The course evaluation included in each course must therefore take up the question how well the course agrees with the syllabus. The course is carried out in such a way that both men's and women's experience and knowledge is made visible and developed.

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Department

Institutionen för beteendevetenskap och lärande