

Biomedical Perspectives on Mental and Somatic Health

Single subject and programme course

7.5 credits

Medicinska och biologiska perspektiv på psykisk och
somatisk ohälsa

735G53

Valid from:

Determined by
The Quality Board at the Faculty of Arts
and Sciences

Date determined
2009-06-12

Revision date
2014-04-07

Main field of study

Psychology

Course level

First cycle

Advancement level

G1X

Course offered for

- Psychologist Programme

Entry requirements

General entry requirements apply for admission to the course, and the student should also be admitted to the Psychologist Programme and satisfy the requirements for the existing threshold rules.

Intended learning outcomes

On completion of the course, the student should be able to:

- account for a biopsychosocial model for mental and somatic diseases
- describe biological models of mental disease and pharmacological treatment principles
- apply elementary epidemiological concepts in describing somatic and mental diseases
- analyse health psychology as a subject area, its treatment models and applications.

Course content

The course is an introduction to a biopsychosocial view on disease and introduces health-psychological models and applications, as well as a medical perspective on somatic and mental diseases. The course places strong emphasis on a basic understanding of medical concepts of relevance to psychology. An overview of epidemiological concepts, biological models and pharmacological treatment principles will be given. The course intends to provide the conditions for integrating psychological and medical models and treatment principles. During the course, strong emphasis will be placed at current health-psychological and psychiatric research.

Teaching and working methods

The course contents will be introduced via lectures, seminars, exercises and written assignments. A large part of the course is devoted to tutorial group work. In addition to this, the students should study independently, individually and/or in groups.

Examination

Examination, compulsory exercises and written assignments, as well as active participation in the tutorial group work.

Grades

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Other information

Planning and implementation of a course must take its starting point in the wording of the syllabus. The course evaluation included in each course must therefore take up the question how well the course agrees with the syllabus. The course is carried out in such a way that both men's and women's experience and knowledge is made visible and developed.

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Department

Institutionen för beteendevetenskap och lärande