

## **Outdoor Education Oriented towards Leisure Time and Outdoor Activities of Children and Youth**

Utomhuspedagogik med inriktning mot friluftsliv, fysiologi och  
lärande

7.5 credits

Single subject course

917G10

Valid from: 2024 Spring semester

<b>Determined by</b>	<b>Main field of study</b>	
The Board of Educational Science	No main field of study	
<b>Date determined</b>	<b>Course level</b>	<b>Progressive specialisation</b>
2006-12-11	First cycle	G1N
<b>Revised by</b>	<b>Disciplinary domain</b>	
Course Syllabus Board at the Faculty of Educational Sciences	Natural sciences	
<b>Revision date</b>	<b>Subject group</b>	
2021-03-08; 2019-09-10	Education	
<b>Offered first time</b>	<b>Offered for the last time</b>	
Spring semester 2008		
<b>Department</b>	<b>Replaced by</b>	
Institutionen för beteendevetenskap och lärande		

## Entry requirements

General entry requirements for undergraduate studies  
and  
English corresponding to the level of English in Swedish upper secondary  
education (Engelska 6  
Exemption from Swedish

## Intended learning outcomes

On completion of the course, the student should have:

- knowledge of outdoor activities, where nature experiences and understanding of culture constitute the basis
- theoretical knowledge of and practical skills in the physiology, teaching and learning and didactics of outdoor activities
- knowledge of the importance of leadership in outdoor activities and learning in the outdoor environment
- knowledge of the linguistic dimension of the landscape

## Course content

The educational history and roots of outdoor education should constitute the basis together with the physiology, teaching and learning and didactics of outdoor activities. The basis consists of current research in the fields outdoor education and outdoor activities, outdoor activities as natural and cultural traditions and outdoor activities in pre-school, school child care and school. Approach to knowledge, knowledge transmission, knowledge through action and systematised reflection are included as essential parts of the course. The importance of leadership is highlighted. Structuring and evaluation of guided outdoor activities are included as subparts together with stories and legends linked to the landscape.

## Teaching and working methods

The working methods consist of lectures, seminars, study visits and own practical work. The major part of the education is located in different environments out-of-doors. The assignments are carried out as group work and/or independent work.

## Examination

The course is examined continuously through a reflection assignment linked to the activity at each course date and the course literature. Presented final assignment is required to pass the course.

Applies to all courses regardless of grading scale.

- Students failing an exam covering either the entire course or part of the course two times are entitled to have a new examiner appointed for the reexamination.

If the course has a three-graded grading scale (U - VG), following applies:

- Students who have passed an examination may not retake it in order to improve their grades.

The following applies to courses that include a compulsory component:

- If special circumstances prevail, and if it is possible with consideration of the nature of the compulsory component, the examiner may decide to replace the compulsory component with another equivalent component.

If the LiU coordinator for students with disabilities has granted a student the right to an adapted examination for a written examination in an examination hall, the student has the right to it.

If the coordinator has recommended for the student an adapted examination or alternative form of examination, the examiner may grant this if the examiner assesses that it is possible, based on consideration of the course objectives.

An examiner may also decide that an adapted examination or alternative form of examination if the examiner assessed that special circumstances prevail, and the examiner assesses that it is possible while maintaining the objectives of the course.

## Grades

Two grade scale, older version, U, G

## Other information

Course revised 2020-04-02; Dnr LiU-2020-01361

Planning and implementation of a course must take its starting point in the wording of the syllabus. The course evaluation included in each course must therefore take up the question how well the course agrees with the syllabus.

The course is conducted in such a way that there are equal opportunities with regard to sex, transgender identity or expression, ethnicity, religion or other belief, disability, sexual orientation and age.

If special circumstances prevail, the vice-chancellor may in a special decision specify the preconditions for temporary deviations from this course syllabus, and delegate the right to take such decisions.

### **About teaching and examination language**

The teaching language is presented in the Overview tab for each course. The examination language relates to the teaching language as follows:

- If teaching language is Swedish, the course as a whole or in large parts, is taught in Swedish. Please note that although teaching language is Swedish, parts of the course could be given in English. Examination language is Swedish.
- If teaching language is Swedish/English, the course as a whole will be taught in English if students without prior knowledge of the Swedish language participate. Examination language is Swedish or English (depending on teaching language).
- If teaching language is English, the course as a whole is taught in English. Examination language is English.