

# Complementary Education in Psychotherapy

90 credits

Påbyggnadsutbildning i Psykoterapi

F7YPI

Valid from:

**Determined by**

The Quality Board at the Faculty of Arts  
and Sciences

**Date determined**

2015-05-22

**Revision date**

2015-09-11

## Entry requirements

Fluency in Swedish. Training as a psychologist, or doctor, with specialist training in general psychiatry, or child and teenage psychiatry, or sociology training, or other training to at least degree level in a caring vocation. The applicant must also have worked for at least two years on supervised psychotherapist duties.

The applicant must have undergone personal therapy under an authorised psychotherapist, as well as having received guidance in psychotherapy from a mandated supervisory psychotherapist. Student applicants must also be in a position to work with clients in their own workplace.

## Degree in Swedish

Psykoterapeutexamen

## Degree in English

Master of Arts in Psychotherapy

## Curriculum

### Semester 1 (Spring 2018)

*Specialisation: Relationell och interpersonell psykoterapi*

Course code	Course name	Credits	Level	Weeks	ECV
748A39	Genric perspectives on psychotherapy as a treatment for mental illness in clinical practice	15	A1X	v201804-201823	C

### Semester 2 (Autumn 2018)

*Specialisation: Relationell och interpersonell psykoterapi*

Course code	Course name	Credits	Level	Weeks	ECV
748A47	Relational psychotherapy, theory and practice	26*	A1X	v201834-202023	C
748A48	Supervised relational practice	27*	A1X	v201834-202023	C

### Semester 3 (Spring 2019)

*Specialisation: Relationell och interpersonell psykoterapi*

Course code	Course name	Credits	Level	Weeks	ECV
748A47	Relational psychotherapy, theory and practice	26*	A1X	v201834-202023	C
748A48	Supervised relational practice	27*	A1X	v201834-202023	C

### Semester 4 (Autumn 2019)

*Specialisation: Relationell och interpersonell psykoterapi*

Course code	Course name	Credits	Level	Weeks	ECV
748A47	Relational psychotherapy, theory and practice	26*	A1X	v201834-202023	C
748A48	Supervised relational practice	27*	A1X	v201834-202023	C
748A30	Theory of Science and Psychotherapy Research	7	A1F	v201934-201947	C

## Semester 5 (Spring 2020)

### *Specialisation: Relationell och interpersonell psykoterapi*

Course code	Course name	Credits	Level	Weeks	ECV
748A47	Relational psychotherapy, theory and practice	26*	A1X	v201834-202023	C
748A48	Supervised relational practice	27*	A1X	v201834-202023	C

ECV = Elective / Compulsory / Voluntary

\*Kursen läses över flera terminer