

## Psychotherapist Programme

Psykoterapeutprogrammet  
90 credits

F7YPP

Valid from: 2022 Spring semester

**Determined by**

Board of the Faculty of Arts and Sciences

**Date determined**

2019-06-05

**Revised by**

Course and Programme Syllabus Board at the Faculty of Arts and Sciences

**Revision date**

2019-10-10; 2021-06-28

**Registration number**

LiU-2019-01590; LiU-2021-01845

**Offered first time**

Spring semester 2020

**Offered for the last time**

**Replaced by**

## Entry requirements

### Degree in Swedish

Psykoterapeutexamen

### Degree in English

Post-graduate diploma in Psychotherapy

## Curriculum

### Semester 1 (Spring 2022)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A39	General Perspectives on Psychotherapy as a Treatment for Mental Illness in Clinical Practice	15	A1N	v202204-202223	C

### Semester 2 (Autumn 2022)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N	v202234-202423	C
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N	v202234-202423	C

### Semester 3 (Spring 2023)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N	v202234-202423	C
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N	v202234-202423	C

### Semester 4 (Autumn 2023)

Course code	Course name	Credits	Level	Weeks	ECV
748A53	Theory of Science and Psychotherapy Research	7	A1N	v202341-202403	C

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N	v202234-202423	C
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N	v202234-202423	C

**Semester 5 (Spring 2024)**

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N	v202234-202423	C
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N	v202234-202423	C

**Semester 6 (Autumn 2024)**

Course code	Course name	Credits	Level	Weeks	ECV
748A31	Master thesis	15	A2E	v202434-202503	C

ECV = Elective / Compulsory / Voluntary

\*Kursen läses över flera terminer