

Psychotherapist Programme

Psykoterapeutprogrammet

90 credits

F7YPP

Valid from: 2024 Spring semester

Determined by

Board of the Faculty of Arts and Sciences

Date determined

2019-06-05

Revised by

Chairman of the Course and Programme Syllabus Board at the Faculty of Arts and Sciences

Revision date

2019-10-10; 2021-06-28; 2023-02-16

Registration number

LiU-2019-01590; LiU-2021-01845; LiU-2023-01001

Offered first time

Spring semester 2020

Offered for the last time

Replaced by

Entry requirements

Degree in Swedish

Psykoterapeutexamen

Degree in English

Post-graduate diploma in Psychotherapy

Curriculum

Semester 1 (Spring 2024)

Specialisation: Psychodynamic Relational Therapy

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|--|---------|-------|----------------|-----|
| 748A39 | General Perspectives on Psychotherapy as a Treatment for Mental Illness in Clinical Practice | 15 | A1N | v202404-202423 | C |

Semester 2 (Autumn 2024)

Specialisation: Psychodynamic Relational Therapy

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|---|---------|-------|----------------|-----|
| 748A51 | Relational Psychodynamic Psychotherapy and Practice | 26* | A1N | v202434-202623 | |
| 748A52 | Supervised Relational Psychodynamic Practice | 27* | A1N | v202434-202623 | |

Semester 3 (Spring 2025)

Specialisation: Psychodynamic Relational Therapy

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|---|---------|-------|----------------|-----|
| 748A51 | Relational Psychodynamic Psychotherapy and Practice | 26* | A1N | v202434-202623 | |
| 748A52 | Supervised Relational Psychodynamic Practice | 27* | A1N | v202434-202623 | |

Semester 4 (Autumn 2025)

Specialisation: Psychodynamic Relational Therapy

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|---|---------|-------|----------------|-----|
| 748A51 | Relational Psychodynamic Psychotherapy and Practice | 26* | A1N | v202434-202623 | |
| 748A52 | Supervised Relational Psychodynamic Practice | 27* | A1N | v202434-202623 | |
| 748A53 | Theory of Science and Psychotherapy Research | 7 | A1N | v202541-202603 | |

Semester 5 (Spring 2026)

Specialisation: Psychodynamic Relational Therapy

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|---|---------|-------|----------------|-----|
| 748A51 | Relational Psychodynamic Psychotherapy and Practice | 26* | A1N | v202434-202623 | |
| 748A52 | Supervised Relational Psychodynamic Practice | 27* | A1N | v202434-202623 | |

Semester 6 (Autumn 2026)

Preliminary courses

| Course code | Course name | Credits | Level | Weeks | ECV |
|-------------|---------------|---------|-------|-------|-----|
| 748A31 | Master thesis | 15 | A2E | | C |

ECV = Elective / Compulsory / Voluntary

*Kursen läses över flera terminer