

## **Psychotherapist Programme**

Psykoterapeutprogrammet

90 credits

F7YPP

Valid from: 2024 Spring semester

**Determined by**

Board of the Faculty of Arts and Sciences

**Date determined**

2019-06-05

**Revised by**

Chairman of the Course and Programme Syllabus Board at the Faculty of Arts and Sciences

**Revision date**

2019-10-10; 2021-06-28; 2023-02-16

**Registration number**

LiU-2019-01590; LiU-2021-01845; LiU-2023-01001

**Offered first time**

Spring semester 2020

**Offered for the last time**

**Replaced by**

## Entry requirements

### Degree in Swedish

Psykoterapeutexamen

### Degree in English

Post-graduate diploma in Psychotherapy

## Curriculum

### Semester 1 (Spring 2026)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy*

Course code	Course name	Credits	Level	Weeks	ECV
748A39	General Perspectives on Psychotherapy as a Treatment for Mental Illness in Clinical Practice	15	A1N	v202604-202623	C

### Semester 2 (Autumn 2026)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy – Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

### Semester 3 (Spring 2027)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy – Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

### Semester 4 (Autumn 2027)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy – Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A53	Theory of Science and Psychotherapy Research	7	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

## Semester 5 (Spring 2028)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy –  
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

## Semester 6 (Autumn 2028)

*Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A31	Master thesis	15	A2E		C

ECV = Elective / Compulsory /Voluntary

\*Kursen läses över flera terminer