

Psychotherapist Programme

Psykoterapeutprogrammet
90 credits

F7YPP

Valid from: 2024 Spring semester

Determined by

Board of the Faculty of Arts and Sciences

Date determined

2019-06-05

Revised by

Chairman of the Course and Programme Syllabus Board at the Faculty of Arts and Sciences

Revision date

2019-10-10; 2021-06-28; 2023-02-16

Registration number

LiU-2019-01590; LiU-2021-01845; LiU-2023-01001

Offered first time

Spring semester 2020

Offered for the last time

Replaced by

Entry requirements

Degree in Swedish

Psykoterapeutexamen

Degree in English

Post-graduate diploma in Psychotherapy

Curriculum

Semester 1 (Spring 2026)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy –
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A39	General Perspectives on Psychotherapy as a Treatment for Mental Illness in Clinical Practice	15	A1N		C

Semester 2 (Autumn 2026)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy –
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

Semester 3 (Spring 2027)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy –
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

Semester 4 (Autumn 2027)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy –
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A53	Theory of Science and Psychotherapy Research	7	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

Semester 5 (Spring 2028)

*Specialisation: Cognitive and Behaviourally Oriented Psychotherapy —
Preliminary courses*

Course code	Course name	Credits	Level	Weeks	ECV
748A49	Cognitive Behaviour Therapy, Theory, and Practice	26*	A1N		
748A54	Supervised Cognitive Behaviour Therapy Practice	27*	A1N		

Semester 6 (Autumn 2028)

Preliminary courses

Course code	Course name	Credits	Level	Weeks	ECV
748A31	Master thesis	15	A2E		C

ECV = Elective / Compulsory / Voluntary

*Kursen läses över flera terminer