

## Litteraturlista för Ländryggsbesvär - undersökning och behandling, 8FYA21, 2020

### Obligatorisk litteratur

#### Artiklar

Brennan, G.P., Fritz, J.M., Hunter, S.J., Thackeray, A., Delitto, A., Erhard, R.E., Identifying subgroups of patients with acute/subacute " nonspecific" low back pain: Results of a randomized clinical trial *Spine* (Spine, March 2006, 31(6):623-631)

### Kompletterande litteratur

#### Böcker

Adams, Michael A., (2013) *The biomechanics of back pain* 3. ed. Edinburgh : Churchill Livingstone Elsevier, cop. 2013  
ISBN: 9780702043130

Butler, David S., Matheson, James, MS, (2000) *The sensitive nervous system* 1st ed. Adelaide, Australia : Noigroup Publications, 2000.  
ISBN: 9780646402512, 064640251X, 0975091026, 9780975091029

Bø, Kari, Berghmans, Bary, Mørkved, Siv, Kampen, Marijke Van, (2015) *Evidence-based physical therapy for the pelvic floor : bridging science and clinical practice* Second edition. Edinburgh : Churchill Livingstone/Elsevier, 2015.  
ISBN: 9780702044434, 0702044431

Carmeli E, (2010) *Books. The physiology of the joints, volume 3: the spinal column, pelvic girdle and head*

Cook, Chad, Hegedus, Eric J., (2013) *Orthopedic physical examination tests : an evidence-based approach* Second edition. Boston : Pearson, [2013]  
ISBN: 9780132544788, 0132544784

Denison, Eva, Åsenlöf, Pernilla, (2012) *Beteendemedicinska tillämpningar i sjukgymnastik* 1. uppl. Lund : Studentlitteratur, 2012  
ISBN: 9789144059358

Elphinston, Joanne, (2014) *Total stabilitetsträning för prestationsutveckling och skadeprevention* 2. utvecklad och uppdaterad uppl. Stockholm : SISU idrottsböcker, 2014

ISBN: 9789186323967

Kaltenborn, Freddy M., Evjenth, Olaf, (2012) *Manual mobilization of the joints : joint examination and basic treatment* 6th ed. Oslo, Norway : Norli ; Minneapolis, Minn : Distributed by OPTP, 2012.  
ISBN: 0011992042, 9780011992044

Lee, Diane, Lee, Linda-Joy, Vleeming, Andry, (2011) *The pelvic girdle : an integration of clinical expertise and research* 4th ed. Edinburgh ; New York : Elsevier/Churchill Livingstone, c2011.  
ISBN: 9780443069635, 0443069638

Liebenson, Craig, (2007) *Rehabilitation of the spine : a practitioner's manual* 2. ed. Baltimore, M.D. : Lippincott Williams & Wilkins, cop. 2007  
ISBN: 0781729971

Linton, Steven James, Bergbom, Sofia, Flink, Ida, (2013) *Beteendeanalys steg för steg : grunden till en effektiv KBT-behandling* 1. utg. Stockholm : Natur & kultur, 2013  
ISBN: 9789127132146

McKenzie, Robin, May, Stephen, (2003) *The lumbar spine mechanical diagnosis & therapy. Vol. 2* 2nd ed. Waikanae, N.Z. : Spinal Publications New Zealand, cop. 2003.  
ISBN: 0958364753

McKenzie, Robin, Tindemark, Ewa, Agetorp, Anders, (2007) *Behandla din egen rygg* 2. uppl. [Stockholm] : Scanergo, cop. 2007  
ISBN: 9789197396073

Rydén, Olof, Stenström, Ulf, (2015) *Hälsopsykologi : psykologiska aspekter på hälsa och sjukdom* 4. uppl. Stockholm : Sanoma utbildning, 2015  
ISBN: 9789152331132

Tullberg, Tycho, Branth, Björn, (2010) *Ryggen* 1. uppl. Stockholm : Liber, 2010  
ISBN: 9789147093267

Waddell, Gordon, (2004) *The back pain revolution* 2. ed. Edinburgh : Churchill Livingstone, 2004  
ISBN: 0443072272